



Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level

By Sally Shaywitz M.D.

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FOR EVERYONE WHO STRUGGLES TO READ!

Clear, practical, science-based information and advice for successful results

One in five American children has trouble reading. But they are not stupid or lazy. In **Overcoming Dyslexia**, Dr. Sally Shaywitz, codirector of the Yale Center for the Study of Learning and Attention and a leader in the new research into how the brain works, offers the latest information about reading problems and proven, practical techniques that, along with hard work and the right help, can enable anyone to overcome them. Here are the tools that parents and teachers need to help the dyslexic child, age by age, grade by grade, step by step.

- What dyslexia is and why some intelligent, gifted people read slowly and painfully
- How to identify dyslexia in preschoolers, schoolchildren, young adults, and adults
- How to find the best school and how to work productively with your child's teacher
- Exercises to help children use the parts of the brain that control reading
- A 20-minute nightly home program to enhance reading
- The 150 most common problem words—a list that can give your child a head start
- Ways to raise and preserve a child's self-esteem and reveal his strengths
- Stories of successful men and women who are dyslexic

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Editorial Review

From Publishers Weekly

Yale neuroscientist Shaywitz demystifies the roots of dyslexia (a neurologically based reading difficulty affecting one in five children) and offers parents and educators hope that children with reading problems can be helped. Shaywitz delves deeply into how dyslexia occurs, explaining that magnetic resonance imaging has helped scientists trace the disability to a weakness in the language system at the phonological level.

According to Shaywitz, science now has clear evidence that the brain of the dyslexic reader is activated in a different area than that of the nonimpaired reader. Interestingly, the dyslexic reader may be strong in reasoning, problem solving and critical thinking, but invariably lacks phonemic awareness-the ability to break words apart into distinct sounds-which is critical in order to crack the reading code. The good news, Shaywitz claims, is that with the use of effective training programs, the brain can be rewired and dyslexic children can learn to read. She walks parents through ways to help children develop phonemic awareness, become fluent readers, and exercise the area of the brain essential for reading success. Early diagnosis and effective treatment, the author claims, are of utmost importance, although even older readers can learn to read skillfully with proper intervention. Shaywitz's groundbreaking work builds an important bridge from the laboratory to the home and classroom. 34 line drawings and graphs

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From Library Journal

Dyslexia explained and treated by the codirector of the Yale Center for the Study of Learning.

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From [Booklist](#)

Shaywitz, a neuroscientist and Yale pediatrics professor, offers scientific and human perspectives on a reading problem that troubles one in every five American children. Drawing on scientific research and her own case histories, Shaywitz explains what causes dyslexia, how to identify it, and how to help children and adults overcome it. In highly accessible language, Shaywitz explains recent technology and research that pinpoint areas of the brain that control the ability to read. In part 1, she explores the early history of diagnosing reading problems, biases that have crept into the evaluations of reading disabilities, and how dyslexic children are treated in schools. Part 2 explores new theories on identifying and treating dyslexia. Part 3 offers practical advice and exercises to help children become better readers year by year, and part 4 focuses on overcoming the disability. The epilogue includes commentary from dyslexic readers who've become quite successful, including John Irving, Charles Schwab, and Wendy Wasserstein. Parents and teachers will appreciate this tremendously helpful resource. *Vanessa Bush*

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Users Review

From reader reviews:

Deborah Hayes:

Book is to be different for every single grade. Book for children till adult are different content. As it is known to us that book is very important usually. The book Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level ended up being making you to know about other

knowledge and of course you can take more information. It is rather advantages for you. The book *Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level* is not only giving you a lot more new information but also being your friend when you really feel bored. You can spend your own personal spend time to read your reserve. Try to make relationship with all the book *Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level*. You never feel lose out for everything should you read some books.

Brandi Anderson:

Reading a reserve tends to be new life style on this era globalization. With studying you can get a lot of information that will give you benefit in your life. With book everyone in this world could share their idea. Ebooks can also inspire a lot of people. A lot of author can inspire their own reader with their story or their experience. Not only the storyline that share in the guides. But also they write about the knowledge about something that you need example of this. How to get the good score toefl, or how to teach your young ones, there are many kinds of book which exist now. The authors these days always try to improve their talent in writing, they also doing some analysis before they write on their book. One of them is this *Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level*.

Martha Howell:

Precisely why? Because this *Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level* is an unordinary book that the inside of the reserve waiting for you to snap the item but latter it will jolt you with the secret this inside. Reading this book alongside it was fantastic author who all write the book in such incredible way makes the content inside easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you because of not hesitating having this ever again or you going to regret it. This excellent book will give you a lot of gains than the other book possess such as help improving your ability and your critical thinking approach. So , still want to hold off having that book? If I were being you I will go to the guide store hurriedly.

Alberto Alvarez:

Your reading sixth sense will not betray you, why because this *Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level* publication written by well-known writer we are excited for well how to make book which might be understand by anyone who read the book. Written throughout good manner for you, leaking every ideas and producing skill only for eliminate your personal hunger then you still uncertainty *Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level* as good book not simply by the cover but also by content. This is one publication that can break don't judge book by its cover, so do you still needing another sixth sense to pick this specific!? Oh come on your reading through sixth sense already said so why you have to listening to a different sixth sense.

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