



The Ultimate Man's Survival Guide: Rediscovering the Lost Art of Manhood

By Frank Minter

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The Upper East Side metrosexual may be good at cocktail chat, but a real man knows how to fight off alligators, create a tourniquet out of a t-shirt, and rescue a drowning person. Frank Minter's The Ultimate Man's Survival Guide shows men how to do all of these and more, including:

- * how to fight off a bear
- * how to set a dislocated joint
- * how to pick the perfect cigar and bottle of wine

Presented in seven sections--survivor, provider, athlete, hero, romantic, cultured man, and philosopher--Minter teaches guys the skills, attitudes, and philosophies they need to be the ultimate man. Clearly written and packed with real-life anecdotes, as well as line-drawings and how-to illustrations, The Ultimate Man's Survival Guide teaches men that any guy can be the ultimate man whether he is rescuing a lost hiker, plucking a child from a swift stream, or standing up against injustice.

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By Frank Miniter

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Editorial Review

About the Author

Frank Miniter is the author of The Politically Incorrect Guide[trademark] to Hunting and an award-winning outdoor writer. He is the executive editor of American Hunter magazine and is a former senior editor of Outdoor Life magazine. Miniter is also the ultimate man. He has run with the bulls of Pamplona, snowshoed the Klondike, hunted Russian bear in Kaleria, and has survived everywhere from the Amazon to the streets of Manhattan. He lives in New York.

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