



The Art of Psychotherapy

By Anthony Storr

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Anthony Storr's accessible and humane account of the art of psychotherapy has been widely read by practitioners in training and others in the helping professions, as well as many general readers. The second edition includes a thoroughly revised account of the obsessional personality, and a new chapter that draws on the author's recent work on the importance of the processes of healing that take place within the isolated individual.

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Editorial Review

Review

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"Masterful." -- *Boston Globe*

"While explicitly directed toward physicians beginning psychiatric training, 'The Art of Psychotherapy' in fact provides an accessible overview of psychotherapeutic practice. Seldom have 'outsiders' had the opportunity to peer over the therapist's shoulder and into his mind. . . . His writing exhibits that . . . brand of enlightenment and common sense that is likely to surface only after decades of intensive work, accompanied by skillful observation and introspection. Like few other works, 'The Art of Psychotherapy' speaks with one voice to individuals outside the field and to those with well-honed skills." -- *New York Times Book Review*

From the Back Cover

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About the Author

Anthony Storr is a distinguished British psychiatrist who has published on a wide range of topics in psychology and psychotherapy. His previous books include *Solitude: A Return to the Self*, and *Jung* (Routledge).

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