

# How to Change Anybody: Proven Techniques to Reshape Anyone's Attitude, Behavior, Feelings, or Beliefs

By David J. Lieberman Ph.D.

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**How to Change Anybody: Proven Techniques to Reshape Anyone's Attitude, Behavior, Feelings, or Beliefs** By David J. Lieberman Ph.D.

**Don't let crazy people drive you crazy. Don't let annoying, obnoxious, petty people get under your skin. Stop having to ask the same thing over and over again. Whether it's your kids, spouse, friend, client, patient, or co-worker, why try to "deal" with people when you can change them?**

*New York Times* bestselling author David Lieberman is a master at interpersonal relationships, and this is his most useful collection of easy psychological tactics yet.

This book gives you the psychological tools to reshape and remake anyone into a better person. Before you break up with your boyfriend, fire your employee, or write off your mother-in-law, try changing them into someone new. With clear, easy-to-use techniques, *How to Change Anybody* tells you how to:

- \* Make anyone more loyal
- \* Eliminate prejudice in anybody
- \* Stop passive aggressive behavior forever
- \* Infuse anyone with more self-esteem and confidence
- \* Eliminate self-destructive behaviors in anyone
- \* Make a wallflower into a social butterfly
- \* Turn a lazy bum into an ambitious go-getter
- \* And much more!

David Lieberman is an expert in simple behavioral strategies that work every time. These tried-and-true techniques give you the tools to permanently change anyone, faster and easier than you ever thought possible-and, in the process, to change your life!

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### Editorial Review

#### Review

“A fascinating book.” ?*National Public Radio on Never Be Lied To Again*

“It cuts to the chase presenting simple, concise techniques...useful strategies rooted in basic human psychology and supported by numerous studies.” ?*Publishers Weekly on Get Anyone to Do Anything*

#### From the Back Cover

Finally, the book that shows you how to do the impossible: get someone to change, *for the better*. Don't let crazy people drive you crazy. Don't let annoying, obnoxious, petty people get under your skin. Whether it's your kids, spouse, friend, client, patient, or coworker, you have the power to make it better. Before you break up with your boyfriend, fire your employee, or write off your mother-in-law, try changing them into someone new. With clear, prescriptive techniques, *How to Change Anybody* tells you how to:

- \* Inspire loyalty.
- \* Turn anyone's mood around fast.
- \* Stop stubborn behavior.
- \* Turn a lazy bum into an ambitious go-getter.
- \* Stop passive aggressive behavior.
- \* And much more!

David Lieberman is an expert in simple behavioral strategies that work every time. These tried-and-true techniques will truly give you the tools to change anyone--and, in the process, to change *your* life!

#### About the Author

**David J. Lieberman, Ph. D.**, is a nationally recognized leader in the field of human behavior and the creator of NeuroDynamic Analysis, a revolutionary short-term therapy. He is a sought-after speaker and lecturer and a frequent guest on top national television and radio programs. His work has been translated into 10 languages. He lives in New Jersey.

### Users Review

#### From reader reviews:

#### James Rodriguez:

Have you spare time for the day? What do you do when you have considerably more or little spare time? Sure, you can choose the suitable activity to get spend your time. Any person spent their spare time to take a walk, shopping, or went to often the Mall. How about open or read a book called How to Change Anybody: Proven Techniques to Reshape Anyone's Attitude, Behavior, Feelings, or Beliefs? Maybe it is to become best activity for you. You already know beside you can spend your time along with your favorite's book, you can more intelligent than before. Do you agree with the opinion or you have various other opinion?

**Michelle Shaw:**

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**Michael Gage:**

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**Thomas Towne:**

What is your hobby? Have you heard that will question when you got college students? We believe that that issue was given by teacher for their students. Many kinds of hobby, Every person has different hobby. And also you know that little person including reading or as looking at become their hobby. You need to know that reading is very important and also book as to be the issue. Book is important thing to provide you knowledge, except your own personal teacher or lecturer. You find good news or update concerning something by book. Amount types of books that can you choose to use be your object. One of them is How to Change Anybody: Proven Techniques to Reshape Anyone's Attitude, Behavior, Feelings, or Beliefs.

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