



Frequency: The Power of Personal Vibration

By Penney Peirce

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Frequency: The Power of Personal Vibration By Penney Peirce

Frequency gives readers the tools to understand how and why their natural frequency interacts with the world around them.

Because we see the world from a physical perspective, we often don't notice what's right in front of us — that our spirit, thoughts, emotions, and body are all made of energy. Inside us and everywhere around us, life is vibrating. In fact, each of us has a personal vibration that accurately communicates who we are to the world and helps shape our reality. *Frequency* shows readers how to feel their personal vibration, improve it, and use it to shift their life from ordinary to extraordinary. A simple shift in frequency can change depression to peace, anger to stillness, and fear to enthusiasm.

Weaving together basic ideas from quantum physics with proven intuition development techniques, *Frequency* takes readers into deeper concepts only hinted at in recent popular books and DVD's featuring the Law of Attraction. By learning to refine the "conscious sensitivity" of their body, readers can improve relationships, find upscale solutions to problems, and materialize a life that contains everything they want and need to live their destiny.

Frequency gives readers a reassuring, step-by-step roadmap into a positive state of awareness that Peirce calls The Intuition Age. By learning to use "frequency principles" — methods based on the way energy actually functions — readers can keep their energy level high and productive, receive subtle information directly from the environment via "empathic resonance," and quickly free themselves from negative or low "vibrations."

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Frequency: The Power of Personal Vibration By Penney Peirce Bibliography

- Sales Rank: #9869 in Books
- Brand: Beyond Words Publishing
- Published on: 2011-08-16
- Released on: 2011-08-16
- Original language: English
- Number of items: 1
- Dimensions: 8.44" h x .80" w x 5.50" l, .65 pounds
- Binding: Paperback
- 304 pages

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Daniel Moore:

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