



# Decoding Your Life

*By Janet Diane Mourglia-Swerdlow*

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## **Decoding Your Life** By Janet Diane Mourglia-Swerdlow

Janet Diane Mourglia-Swerdlow, globally recognized for her fascinating Oversoul research, has a unique way of guiding you step by step through the inner unraveling process of life's complications. Thousands of people worldwide have effectively studied and utilized these methods to implement life changes with ease. Practical and simple, the tools that she shares bring immediate results, leading you into new avenues of self-reintegration in a world now designed for compartmentalization.

In this experiential course, you will easily learn to:

- Find your own answers
- Define who and what you are
- Know by knowing
- Become proactive
- Create desirable pathways of learning and living
- Recognize and build upon what you are already doing
- Go vertical instead of horizontal
- Effectively design and utilize your own affirmations
- Meditate
- Release old habit responses
- Install effective change
- Understand the neutrality of all experience
- Move through illusion
- Appreciate both positive and negative as teaching tools
- Recycle your energy
- Grow more youthful
- Understand the meaning of color
- Use color and design to pull you up into your potential
- Appreciate both the positive and negative aspects of emotions
- Understand sub-personalities
- Discover how your outer life reflects your inner life, and vice versa
- Utilize your inner power to create in a positive way
- Define your Oversoul and God-Mind
- Develop your own definition of spirituality
- Understand your connection to your Oversoul and God-Mind
- Communicate with your Oversoul upon request in conscious awareness

You are the most fascinating person that you know!

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