



How to Pray Always

By Raoul Plus

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How to Pray Always By Raoul Plus

Christ urges us to pray without ceasing, but when we try to do so, many of us simply cease without praying. We're distracted by troubles or duty or we quit just because it's late already and we are tired.

Fr. Raoul Plus's no-nonsense prayer manual, *How to Pray Always*, remedies these problems by dispelling the false notions of prayer we all have and showing how we can, in fact, pray without ceasing even at times when exhaustion cripples us and cares threaten to sweep us away.

Drawing on the experience of dozens of saints, Fr. Plus explains sure ways we can recollect ourselves before prayer so that once we begin to pray, our prayers will be richer and more productive; he teaches us how to practice interior silence habitually, even in the rush and noise of the world; and he explains each of the kinds of prayer and shows when we should and should not employ each.

As humans, our minds are limited and it's generally hard for us to pay attention to more than a few things at once. That's why most of us aren't able to think of God or pray while we fulfill any but the most mindless of our daily duties.

No problem.

For such busy occasions (which constitute most of the time for most of us), Fr. Plus explains how we can pray without words by keeping our wills united to God even when our minds must be directed elsewhere.

In other words, *How to Pray Always* is one of those rare books that actually fulfills the promise of its title. It helps us become better Christians by showing us how to know, to love, and to serve God, and to live prayerfully and constantly in His loving presence.

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Editorial Review

From the Inside Flap

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About the Author

Plus was born in Boulogne-sur-Mer, France, where he attended the Jesuit college. In 1899 he entered the Jesuit novitiate in Amiens and was ordained there. Because of laws that persecuted religious orders at that time, Fr. Plus had to leave France in 1901 and did not return from this exile for ten years, during which time he studied literature, philosophy, and theology in Belgium and Holland. He also taught courses in the field of humanities. At the advent of World War I, Fr. Plus enlisted as a soldier, and subsequently as a chaplain. It was during this time that he began to write.

Users Review

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Arlie Carrillo:

What do you concentrate on book? It is just for students since they're still students or that for all people in the world, exactly what the best subject for that? Only you can be answered for that query above. Every person has diverse personality and hobby for every single other. Don't be pushed someone or something that they don't need do that. You must know how great in addition to important the book *How to Pray Always*. All type of book would you see on many resources. You can look for the internet options or other social media.

Frank Godwin:

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Janice Hayes:

Reading a book to get new life style in this year; every people loves to learn a book. When you examine a book you can get a large amount of benefit. When you read publications, you can improve your knowledge, mainly because book has a lot of information onto it. The information that you will get depend on what types of book that you have read. If you want to get information about your research, you can read education books, but if you want to entertain yourself you are able to a fiction books, this kind of us novel, comics, and soon. The How to Pray Always offer you a new experience in reading a book.

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