



Coaching Positional Play - "Expansive Football" Attacking Tactics & Practices

By Pasquale Casà Basile

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Pasquale Casà Basile is a UEFA Pro Licence coach and a specialist in tactics and team management. In his various roles including with the Catalan Football Association and RCD Espanyol, he coordinates, facilitates and develops the work of the youth team coaches, directing the development of tactics and periodization of the Spanish football model. In this book Pasquale shows you the coach how to play with the Spanish game model of "Expansion Football". There are detailed chapters to outline the game model including; Positional Attacking, Developing an Effective Attacking Tactical Game, Methodologies to Use in Training, Teamwork and Collaboration, Competitiveness and Desire to Win and The Methods of Training. There are 34 Tactical Situations analysed including; - Support Play When the Ball is Out Wide - Retaining a Balanced Formation in the Possession Phase - The Transition from Attack to Defence. There are also 47 practices including; - Switching the Point of Attack with Player Movement in the Final Third - Technical/Tactical Actions for Attacking Through the Centre - Maintaining Possession in the Centre with a Quick Break Attack.

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