



# The No Complaining Rule: Positive Ways to Deal with Negativity at Work

By Jon Gordon

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Negativity in the workplace costs businesses billions of dollars and impacts the morale, productivity and health of individuals and teams. "In *The No Complaining Rule: Positive Ways to Deal with Negativity at Work*, Jon Gordon, a bestselling author, consultant and speaker, shares an enlightening story that demonstrates how you can conquer negativity and inspire others to adopt a positive attitude." Based on one company's successful No Complaining Rule, the powerful principles and actionable plan are practical and easy-to-follow, making this book an ideal read for managers, team leaders and anyone interested in generating positive energy.

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### **Bibliography**

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### Editorial Review

#### Review

A story about Positive Ways to Turn Complaints into Solutions, Innovations, and Success

*Every complaint represents an opportunity to turn something negative into a positive!*

"Excuses always come from the losing locker room. In Jon Gordon's book *The No Complaining Rule*, he provides the winning edge."-Coach Lou Holtz

"In a world in which so many, it seems, focus on the glass as half empty, Jon Gordon sets out a clear blueprint in *The No Complaining Rule* to help each of us better ourselves. His approach will cut negativity and can impact our workplaces and our families, and help us carve out more productive, lower-stress environments."-Nathan Whitaker coauthor of *Quiet Strength*(with Tony Dungy)

"Complaining is one of the biggest problems in business today. It undermines the effectiveness of a team and organization, leading to contempt and an inability to adapt and change. In *The No Complaining Rule*, Jon Gordon offers the antidote."-Ken Fisher, CEO of Fisher Investments, Forbes columnist, author of *The Only Three Questions That Count*

#### From the Inside Flap

It's Tuesday morning and Hope walks into her office with puffy eyes, a swollen head, and a broken heart. But unfortunately, her company—EZ Tech—is in worse shape than she is. The fact that their computer batteries are catching on fire is the least of their problems. Employees have been posting negative comments about management on blogs for the world to see, the media is attacking the credibility of the company, morale is at an all-time low, negativity is at an all-time high, and the stock price is sinking faster than the *Titanic*. As VP of human resources, Hope is charged with finding a solution to overcome the biggest challenge in her company's history. In the process of battling her own adversity, she discovers the no complaining rule and other positive ways to save her company and herself from ruin.

In the spirit of his international bestseller *The Energy Bus*, Jon Gordon once again shares an inspiring and enlightening story that reveals a powerful way to tackle the biggest problem in business and life—the negativity that costs organizations billions of dollars and impacts the morale, productivity, and health of individuals and teams.

Based on an actual company that created and implemented the no complaining rule, Gordon delivers an engaging story filled with innovative ideas and practical strategies to develop positive leaders, organizations, and teams.

For managers, team leaders, or anyone looking to turn negative energy into positive solutions, *The No Complaining Rule* shares powerful principles and an actionable plan to win the battle against individual and organizational negativity. When you implement the no complaining rule, you'll spend less time and energy on problems and more time focused on solutions.

#### From the Back Cover

"Get off the complain train and read this book!"

—**KEN BLANCHARD**, coauthor of *The One Minute Manager* and *The One Minute Entrepreneur*

### ***The No Complaining Rule***

A STORY ABOUT POSITIVE WAYS TO TURN COMPLAINTS INTO SOLUTIONS, INNOVATIONS, AND SUCCESS

*Every complaint represents an opportunity to turn something negative into a positive!*

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**Abel Mulholland:**

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**Alma Saunders:**

People live in this new time of lifestyle always try to and must have the spare time or they will get great deal of stress from both day to day life and work. So , once we ask do people have extra time, we will say absolutely without a doubt. People is human not only a robot. Then we consult again, what kind of activity are there when the spare time coming to you actually of course your answer will certainly unlimited right. Then do you try this one, reading guides. It can be your alternative inside spending your spare time, the actual book you have read is usually The No Complaining Rule: Positive Ways to Deal with Negativity at Work.

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