



Introduction to Multicultural Counseling for Helping Professionals

By Graciela L. Orozco, Wanda M. L. Lee, John A. Blando, Bitia Shooshani

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Introduction to Multicultural Counseling for Helping Professionals is the essential introductory text in the area of multicultural counseling. Providing a broad survey of counseling techniques for different ethnic, religious and social groups, it is at once thorough and easily understood. Beyond its topic-specific sections, *Introduction to Multicultural Counseling for Helping Professionals* also includes chapters on the theory and history of multicultural counseling, expanded cultural resources, and an appendix explaining its interrelationship with CACREP accreditation requirements.

Now in its third edition, *Introduction to Multicultural Counseling for Helping Professionals* is updated and revised to reflect the changing landscape of the 21st century. It contains updated statistics on fluid demographics in the U.S., a stronger social-justice perspective throughout the text, and a new chapter on counseling undocumented immigrants. The text is supplemented with online materials, including updated PowerPoint slides with discussion questions and classroom activities, a testbank with new questions for each chapter, and a sample course syllabus, each of which is presented in an updated, more attractive layout.

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Editorial Review

Review

"*Introduction to Multicultural Counseling for Helping Professionals* is a valuable addition to the field. Written from the perspective of multicultural competence, it is practical, accessible, and yet grounded in the literature which makes it an ideal textbook for trainees. While covering the critical issues in providing effective multicultural counseling to different sub-populations, it nevertheless touches upon key principles and insights. I highly recommend this new text to faculty teaching counseling courses in the helping professions."

?Frederick T. L. Leong, PhD, professor of psychology and psychiatry and director of the MSU Consortium for Multicultural Psychology Research

"I am excited about the third edition of this book! As an assistant professor and school counselor for more than 15 years, I share great resources with graduate students and colleagues. This book is a perfect example of a valuable resource for beginning counselors and has been a required text for my multicultural counseling courses over the years. The addition of the chapter on undocumented students is critical for counselors and presents effective strategies, contemporary issues and case studies for educators to consider. The authors challenge counselors to be true change agents and activists. Are you up for the challenge?"

?Lisa C. Carr, EdD, school counselor at Bethlehem Central High School in Delmar, New York, and assistant professor at the Sage Graduate School

About the Author

Graciela L. Orozco, EdD, is an associate professor and coordinator of the school counseling program at San Francisco State University. She is Chicana of Purépecha Indian ancestry and has worked for years as a school counselor, educator, and consultant to address the issues faced by marginalized communities.

Wanda M. L. Lee, PhD, is a professor of counseling at San Francisco State University. An Asian American woman of Chinese descent who earned a doctorate in clinical psychology, she has more than three decades of experience in the field as a college counselor, private practitioner, counselor educator, and university administrator.

John A. Blando, PhD, is a professor in the department of counseling at San Francisco State University, where he teaches courses in couple and family counseling as well as the counseling process. He is a gay man with 14 years' experience as a counselor educator and is the author of *Counseling Older Adults* (Routledge, 2011).

Bitá Shooshani, MS, has worked at college and community mental health settings providing prevention education programming and clinical services. An Iranian Jewish woman who has been practicing for more than 15 years, she is interested in the application of multicultural counseling theories that promote resiliency and community well-being for marginalized people.

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