



Gran Paradiso: The Alta Via 2 Trek and Day Walks (Cicerone Guides)

By Gillian Price

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A guidebook to walking in the the Gran Paradiso national park, Italy, describing the 12-stage Alta Via 2 trek between Cormayeur and Chardonnay, and a range of 28 walks that range from 2 to 33km, as well as suggestions for combining routes into long-distance hikes. The Gran Paradiso sits in the Valle d'Aosta, in northwestern Italy, a region verging on pristine wilderness. Views of Mont Blanc, Monte Rosa and the Matterhorn ranges can be seen from routes in this guide. The guidebook provides plenty of practical information on getting to and around the Gran Paradiso, as well as advice on accommodation, language, equipment, planning and how to make the most out of any adventure in one of Italy's most spectacular National Parks. A wealth of detail on points of interest walkers can explore, as well as information on wildlife, history, geology and flowers is also included. Despite its attractions, the park is relatively undiscovered. Walkers can often enjoy unforgettable days on excellent trails through spectacular valleys all to themselves, even at the height of the summer season. The itineraries explore highlights and special places to whet walking appetites.

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Editorial Review

About the Author

After a degree in Anthropology and working in adult education, Gillian Price travelled through Asia and trekked the Himalaya. Eventually settling in Venice, she now works as a freelance travel writer. Gillian is steadily exploring all the mountain ranges and flatter parts of Italy, and has produced a series of outstanding guides for Cicerone. She is an active member of the Italian Alpine Club CAI and Mountain Wilderness.

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