



Goddess Within: A Guide to the Eternal Myths that Shape Women's Lives

By Roger J. Woolger, Jennifer Barker Woolger

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Gestalt and Jungian psychologists Jennifer and Roger Woolger have written a fascinating guide to the goddess qualities that live within us all. Learn how to navigate the turning points in your life by understanding which goddess type is coming to the fore. Wonderfully affirming, profound in its implications, **THE GODDESS WITHIN** helps restore the feminine to its rightful place in the modern consciousness and offers every woman the unique opportunity to learn more about her own power to transform herself.

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Editorial Review

From Library Journal

The authors, both psychologists, argue that the goddesses of ancient mythology represent eternal feminine qualities that should be recovered and honored. Emphasizing how the goddess archetypes can distort or enhance one's life, they then flesh out these archetypes with examples drawn from literature, film, and clinical practice. Because of tone rather than content, the result is difficult to recommend to libraries. For while the stated purpose is to create greater understanding and empathy for the feminine in our culture, that purpose is undermined by the authors' use of culturally loaded vocabulary. Libraries will serve their readers better by purchasing Jean Shinoda Bolen's *Goddesses in Everywoman* (Harper, 1984), which covers the same material in a more sympathetic manner.

- *Lucy Patrick, Florida State Univ. Lib., Tallahassee*

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From the Inside Flap

Gestalt and Jungian psychologists Jennifer and Roger Woolger have written a fascinating guide to the goddess qualities that live within us all. Learn how to navigate the turning points in your life by understanding which goddess type is coming to the fore. Wonderfully affirming, profound in its implications, *THE GODDESS WITHIN* helps restore the feminine to its rightful place in the modern consciousness and offers every woman the unique opportunity to learn more about her own power to transform herself.

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Patricia Meyer:

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