



Zinn & the Art of Road Bike Maintenance: The World's Best-Selling Bicycle Repair and Maintenance Guide

By Lennard Zinn

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Zinn & the Art of Road Bike Maintenance is the world's best-selling guide to bicycle repair and maintenance. From basic repairs like how to fix a flat tire to advanced overhauls of drivetrains and brakes, Lennard Zinn's clearly illustrated guide makes every bicycle repair and maintenance job easy for everyone.

Lennard Zinn is the world's leading expert on bike maintenance and repair. His friendly step-by-step guide explains the tools you'll need and how to know you've done the job right. The book's two-color interior is easy to read?even in a dimly-lit garage or workshop. Hundreds of hand-drawn illustrations and exploded parts diagrams show just the right level of detail to lead you through every bicycle repair task.

This smartly organized guide shows how to repair new and old bicycles from top to bottom. In over 500 pages, Zinn's guide includes simple instructions for hundreds of bike maintenance and repair jobs:

- Basics: How to fix a flat tire, lube a bicycle chain, adjust the brakes
- Emergency repairs: How to fix a broken chain, tighten loose spokes, repair a bent derailleur
- Easy shifting: How to adjust shifters, derailleurs, and cables for clean and smooth shifting
- Wheels: How to true a wheel, install a new tire, change a cassette, replace broken spokes, build your own wheels
- Overhauls: How to service and replace pedals, chains and chainrings, saddles, handlebars, stems, headsets, forks, bottom brackets
- New tech: How to maintain 11-speed systems, electronic and wireless shifters, disc brakes
- Cyclocross: How to set up a 'cross bike for racing, select the right components, and make quick repairs
- Troubleshooting: How to figure out what's wrong with any bike and fix it

Zinn & the Art of Road Bike Maintenance makes bicycle repair and maintenance

easy, quick, affordable, and fun. With Zinn at your side, you'll know how to keep your bicycling running smoothly for years.

What's New in *Zinn & the Art of Road Bike Maintenance, 5th Ed.*:

- More than 700 comprehensive illustrations and exploded views.
- New chapter on electronic shifting covers maintenance, service, repair, and troubleshooting of all Shimano, SRAM, and Campagnolo electronic shifting groups.
- New chapter on disc brakes covers maintenance, service, and repair of all hydraulic and mechanical systems.
- New tech covered in depth: through-axle forks, SRAM eTap wireless shifting, second generation Shimano and Campagnolo electronic shifting, direct-mount sidepull brakes, SRAM X-Sync 1x11 cyclocross systems, tubular tire gluing tapes.
- New troubleshooting charts
- New master guide to press-fit bottom brackets
- Also covered in the 5th edition: All derailleur shifting systems (5-speed through 11-speed); all bottom bracket systems (cone-and-cup through press-fit); all brake systems (including caliper, V-brake, cantilever, and disc); all headset, stem, handlebar and fork systems; wheelbuilding for all bikes including cyclocross and disc-brake wheels; special sections on cyclocross throughout including troubleshooting, maintenance, service, repair, and equipment selection; updated and expanded torque tables; complete illustration index and complete subject index.

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Editorial Review

Review

“Longtime *VeloNews* technical writer Lennard Zinn’s maintenance books are bibles for both pro and amateur wrenches. *Zinn & the Art of Road Bike Maintenance* is a beast of a book and can help you remedy any problem that might arise while working on a road bike. It’s packed with in-depth explanations and useful diagrams. No workbench is complete without it.” ? ***VeloNews magazine***

“Lennard Zinn may work for ‘the enemy’, but we at *BikeRadar* will be the first to acknowledge his contributions to the dark art of bike fixin’. His bible for the home (and pro) mechanic is now in its fifth edition, with updates covering all the latest tech...There are almost 500 pages in this impressive volume, which is extensively illustrated to help you tackle virtually any bike repair task.” ? ***BikeRadar.com***

“*Zinn & the Art of Road Bike Maintenance* is the gold standard textbook for aspiring home mechanics. From simple tasks such as fixing a flat tire to advanced overhauls of drivetrains or brakes, this book’s step-by-step guides explain the tasks and tools your newbie will need to get the job done right.” ? ***RoadBikeReview.com***

“This smartly organized guide shows how to repair new and old bicycles from top to bottom. *Zinn & the Art of Road Bike Maintenance* is essential cycling gear for all road and cyclocross riders.” ? ***Crossbikereview.com***

“Lennard Zinn is an institution in the bicycle world?a legend. Legions of cyclists have learned to repair bikes from him, ridden bicycles he’s built, or used his advice as guidance on how to better enjoy the world on two wheels.” ? ***Bicycle Times magazine***

“Today’s bicycles are complicated machines that can be expensive to maintain and repair. Zinn has written this book to help both the leisure bike rider and expert mechanic handle almost any problem associated with road bikes.” ? ***Library Journal***

“Lennard Zinn really is the world’s most helpful and comprehensive human when it comes to bicycle repair and maintenance.” ? ***Bike magazine***

“*Zinn & the Art of Road Bike Maintenance* has instructions on anything an aspiring wrench would want to know. What impresses most is Lennard’s overall approach of simplifying a task and reminding us how rewarding it is to perform our own service.” ? ***Podium Café***

“Lennard Zinn is a veritable cycling Einstein and, as a naturally gifted teacher, he has the unique ability to explain even the most difficult mechanical task. So unless you currently ride on a high-profile pro team with your own mechanic (and maybe even then), *Zinn & the Art of Road Bike Maintenance* is an absolute ‘must-have’ book.” ? ***Davis Phinney, Olympic medalist, national champion, and Tour de France stage winner***

“We often hear that triathletes don’t do their own bike maintenance – that we don’t know (and don’t care) how to wrench our bikes. But as athletes who make a sport of flying our bikes all over the world only to build them back up with just a pair of Allen wrenches, we know all too well how important it is to know the ins and outs of bike care. Your copy of Zinn probably won’t be your every day go-to guide for bike care. But on those days when your race steed needs some serious maintenance, or even just when you’re proactively

researching for a little more knowledge if the worst should strike you on the road far from home – you will be glad you have Zinn in your library.” ? **AeroGeeks**

“Zinn & the Art of Road Bike Maintenance is simple, easy to follow and the illustrations are magnificent...If you are looking for a bicycle repair manual, get this book.” ? **Cycloculture**

“Lennard Zinn’s book might be the work that launched a 1,000 repair projects. Or, at least, it placated many home mechanics when they started cursing skipped shifts or loose headsets.” ? **Canadian Cycling magazine**

“If ever there was a classic text on bike maintenance, this has to be it...Like its predecessors, it goes from super simple right through to complete re-builds. All are explained by a combination of Zinn’s unique humour-filled, insightful and clear text, with Todd Telander’s brilliant illustrations.” ? **220 Triathlon**

“Zinn is very good at taking you incrementally through the learning process?whether you are a beginner or expert mechanic.” ? **Out There Monthly magazine**

“There really is no other bicycle repair manual like this. *Zinn & the Art of Road Bike Maintenance* is very up to date, very clear?thanks to the profuse illustrations?and accurate and comprehensive...And it’s all in a very enjoyable format intended to be encouraging and confidence-building.” ? **USCyclingReport.com**

“Now in its fifth edition, this is a telephone directory of a book. There is a wealth of excellent info in this rather large tome... Zinn makes little pre-supposition as to the technical abilities of his readers and it’s this aspect that makes you feel that you can manage the majority of the repairs detailed in the book...While the illustrations will help you identify the myriad bits and pieces composing modern-day componentry, it is Lennard Zinn’s step-by-step instructions that will get you from broken to fixed in the shortest space of time.” ? **TheWashingMachinePost.net**

“Simple to read and follow, the illustrated, large-format paperback manual features everything from replacing a flat to repairing components. It’s a great addition to any new biker’s library but offers invaluable advice for experts, too.” ? **Sports Guide magazine**

From the Back Cover

ZINN WILL HELP YOU FIX YOUR BIKE!

You're holding the world's best-selling do-it-yourself guide to how to repair your bicycle. Lennard Zinn's easy-to-follow instructions will help you make quick work of any maintenance and repair job on any road or cyclocross bike. Learn how to take care of every part of your bicycle: basic tune-ups; derailleur adjustment to fix shifting problems; how to true a wheel, fix a flat, adjust brakes, maintain or replace a chain, troubleshoot noises, service a bottom bracket?it's all here, with hundreds of detailed illustrations of how parts go together and time-saving tips for doing the job right. Itemized lists explain which tools you'll need, whether you are stocking a workshop or tackling a roadside repair.

No matter what type of road bike you own, old or new, Lennard Zinn's clear instructions will help you maintain it, fix it, upgrade it, and keep it running smoothly for years to come. Everything you need to know about your bike is in this book!

Bicycle Basics

- How to do your own bike fit
- Simple instructions for regular bicycle care

Complete Bike Repair

- How to fix every bike part: brakes, wheels, tires, headsets, pedals, derailleurs, chains, hubs, handlebars, seatposts, saddles, shifters

Solve Common Bicycle Problems

- Diagnose and fix problems like a skipping chain, rough shiften, squeaky brakes, loose spokes, or a stuck seatpost

The Ultimate Reference

- Exhaustive troubleshooting index, glossary of terms, torque specifications, gear chart for compact and regular cranks

Lennard Zinn is the world's leading expert on bike maintenance and repair. He was a member of the U.S. national racing team and has been riding and fixing bikes for nearly 50 years. A professional frame builder and bike designer, Lennard is also a technical writer for *VeloNews* magazine and hosts the popular Tech Q&A on *VeloNews.com*.

About the Author

Lennard Zinn is the world's leading expert on bike maintenance and repair. He is a world-renowned bicycle technician, frame builder, and tech writer for *VELO* magazine and *VeloNews.com*.

Zinn was a member of the U.S. national racing team and has been riding and fixing bikes for nearly 50 years. A professional frame builder for his business Zinn Cycles, Lennard hosts the popular bike tech Q&A column on *VeloNews.com*.

His best-selling bike maintenance and repair books include *Zinn & the Art of Road Bike Maintenance*, *Zinn & the Art of Triathlon Bikes*, *Zinn's Cycling Primer*, *The Mountain Bike Performance Handbook*, and *The Mountain Bike Owner's Manual*. He lives and works in Boulder, Colorado.

Users Review

From reader reviews:

George Finch:

What do you about book? It is not important along? Or just adding material when you need something to explain what the one you have problem? How about your free time? Or are you busy man? If you don't have spare time to complete others business, it is gives you the sense of being bored faster. And you have time? What did you do? Everybody has many questions above. They have to answer that question due to the fact just their can do that will. It said that about reserve. Book is familiar on every person. Yes, it is proper. Because start from on jardín de infancia until university need that *Zinn & the Art of Road Bike Maintenance: The World's Best-Selling Bicycle Repair and Maintenance Guide* to read.

Teressa Fernandez:

Reading can called brain hangout, why? Because when you are reading a book specifically book entitled Zinn & the Art of Road Bike Maintenance: The World's Best-Selling Bicycle Repair and Maintenance Guide your mind will drift away trough every dimension, wandering in most aspect that maybe unknown for but surely will become your mind friends. Imaging just about every word written in a publication then become one web form conclusion and explanation that will maybe you never get just before. The Zinn & the Art of Road Bike Maintenance: The World's Best-Selling Bicycle Repair and Maintenance Guide giving you one more experience more than blown away your mind but also giving you useful info for your better life in this particular era. So now let us show you the relaxing pattern this is your body and mind are going to be pleased when you are finished looking at it, like winning a. Do you want to try this extraordinary investing spare time activity?

Alva Sexton:

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