



## Tell Your Time: How to Manage Your Schedule So You Can Live Free

By Amy Lynn Andrews

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**Tell Your Time: How to Manage Your Schedule So You Can Live Free** By Amy Lynn Andrews

### Why do many time management books take so much time to read?

It seems to me a book about time management should be, well, short. To the point. Efficient. So that's what I did in Tell Your Time.

I distilled all of the time management, organization, scheduling and goal-setting tips I've gleaned over the years (that's a lot) into one easy-to-read, easy-to-implement, straightforward, no-nonsense ebook.

### Time management is like weight loss

There's no magic bullet. The basic principles in weight loss books are all variations on the same theme: eat well and exercise. Consume fewer calories than you expend.

The same goes for time management books. There's no magic bullet. The basic principal in time management books are all variations on the same theme: make sure all your to-dos fit within the 24 hours allotted.

### How to manage your time

This book will walk you through a process—the one I personally use and one that has helped many others. And it will do it in a fraction of the time and at a fraction of the cost.

Because I think you should live life living, not just reading about it.

**Tell Your Time** will help you identify the most important things—and the most important people—in your life. You will easily set goals and learn how to manage your time efficiently so no *thing*—or no *one*—falls through the cracks.

Oh, and by the way, during the writing of this book I finally figured out the answer to my question, you know, the one about time management books being so time consuming. A traditional publisher contacted me and offered to publish Tell Your Time as a "regular" book. But there was a catch. In order to justify the cost of publishing, I had to beef it up...and make it about 7 times longer. I was very grateful for the offer, but I declined. (If you want to hear that full story, find the Tools page I reference throughout the book.)

**Tell Your Time** packs a huge practical punch. Small time commitment, small price tag, huge benefit.

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*By Amy Lynn Andrews*

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### **Editorial Review**

#### **From the Author**

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**Linda Thomas:**

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