



## Landmark Papers in Anaesthesia

By Nigel Webster, Helen Galley

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Evidence-based medicine is a concept that is at the forefront of anaesthesia. Clinicians are increasingly encouraged to practise patient management based on available evidence in the scientific literature. For example, new anaesthesia methods, e.g. regional anaesthesia, are being used more frequently based on case studies that show the efficacy and cost-savings associated with the treatment. Additionally, considering that many anaesthetists are required to cover a range of areas, information discussing proven methods as well as pitfalls to avoid are valuable to all those working in the field.

This book provides a detailed summary of the most important trials and studies in anaesthesia, ranging from neuroanaesthesia and anaesthesia for transplant, to paediatric and thoracic anaesthesia, allowing the reader to rapidly extract key results. Each chapter is written by a prominent anaesthetist in that particular field, and papers have been selected on a number of criteria, included impact factor, authors' choices, or even because the conclusions reached do *not* indicate best practice. With this wealth of information collected into this newest volume in the 'Landmark Papers in' series, *Landmark Papers in Anaesthesia* is essential reading for all practicing anaesthetists.

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### **Review**

It will be a useful source for trainees to quickly cover how their speciality has developed and the lessons learned from these important milestones. It will also be of use to those with an interest in the history of anaesthesia. Overall, I think this book would be a useful addition to any departmental library. *British Journal of Anaesthesia* This book is an absolute delight to read. The format is excellent. Hopefully more such publications will follow. Certainly, understanding the past may facilitate the design of the future.

*Anesthesiology*

### **About the Author**

Nigel Webster is Professor of Anaesthesia and Intensive Care, Honorary Consultant at the Institute of Medical Sciences, University of Aberdeen, Foresterhill, Aberdeen, UK. Helen Galley is Senior Lecturer at the Institute of Medical Sciences, University of Aberdeen, Foresterhill, Aberdeen, UK.

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