



Flying Changes: A Novel (Riding Lessons)

By Sara Gruen

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There is a time to move on, a time to let go . . . and a time to fly.

“Sara Gruen writes with passionate precision about horses and their humans and the healing power of love.”—Marianne Stahl, author of *Forgive the Moon*

Anxiety rules Annemarie Zimmer’s days—the fear that her relationship with the man she loves is growing stagnant; the fear that equestrian daughter Eva’s dreams of Olympic glory will carry her far away from her mother . . . and into harm’s way. For five months, Annemarie has struggled to make peace with her past. But if she cannot let go, the personal battles she has won and the heights she has achieved will have all been for naught.

It is a time of change at Maple Brook Horse Farm, when loves must be confronted head-on and fears must be saddled and broken. But it is an unanticipated tragedy that will most drastically alter the fragile world of one remarkable family—even as it flings open gates that have long confined them, enabling them all to finally ride headlong and free.

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Editorial Review

About the Author

Sara Gruen is the author of the *New York Times* bestseller *Water for Elephants* and *Riding Lessons*. She lives with her husband and three children in a conservation community outside Chicago.

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