



Teaching Today's Health (10th Edition)

By David Anspaugh, Gene Ezell

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Teaching Today's Health, Tenth Edition, balances comprehensive theory with a wealth of effective classroom activities to give you the tools you need to become successful health educators.

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- **Meaningful content enhancements** include expanded coverage of bullying and obesity, body systems, and substance abuse and a new Creativity in the Classroom feature and an Index of Strategies).
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- **Helpful Companion Website include** all Worksheets available in PDF form, for easy copying to hand out to students in class, and a new easy-to-reference Glossary.

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Editorial Review

About the Author

David J. Anspaugh is a Professor at Albion College. He has extensive experience serving for various organizations, such as American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) and various regional branches of the organization. Anspaugh has served as president of the Indiana Association for Health, Physical Education, Recreation and Dance (IAHPERD). He is currently the President-Elect of Midwest District AAHPERD. In 2007 he was selected by the American Association for Health Education as the University Health Educator of the year. He has published several dozen books and journal articles and has won five distinguished teaching awards.

Gene Ezell is a Professor of Health Education at the University of Tennessee in Chattanooga, Tennessee. He also serves as the Departmental Health Education Curriculum Coordinator and is responsible for evaluating revisions to the undergraduate and graduate health education course offerings. He is an active member of AAHPERD and the Tennessee AHPERD. He has written, cowritten, and reviewed several books and journal articles in the field of health education. Ezell is the recipient of several awards, including the United States' College Health Educator of the Year award (1995).

Users Review

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Judith Roemer:

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