



# K-Taping in Pediatrics: Basics Techniques Indications

By Birgit Kumbrink

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## K-Taping in Pediatrics: Basics Techniques Indications By Birgit Kumbrink

Already integrated successfully in competitive sports, medical treatment and rehabilitation programs, K-Taping therapy offers physical, occupational and speech therapists a wide range of options for the treatment of infants, small children and younger patients. K-Taping can now be integrated into pediatric physiotherapy and speech therapy, aiding in the treatment of a range of conditions including postural defects, deformities of the feet and dysphagia.

### About the content

#### K-Taping in theory

- The properties, function and mode of action of elastic K-Tape
- The effects of K-Tape therapy
- The fundamentals of K-Tape application
- Contraindications

#### K-Taping in practice

- The four major application techniques (muscle, ligament, correction and lymph applications) including common indications in children, and practical examples
- The appropriate technique for more than 50 medical indications
- Step by step guidance with photo series, practical tips and alternative applications

### About the author

Birgit Kumbrink, founder and medical director of the international K-Taping Academy, Dortmund, Germany and one of the most experienced users and teachers of the treatment method internationally.

**The course companion and practical manual – for therapists, midwives and pediatricians**

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### Editorial Review

From the Back Cover

#### **K-Taping – now with options for the treatment of children**

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## About the Author

**Birgit Kumbrink**, founder and medical director of the international K-Taping Academy, based in Dortmund, Germany, has been a K-Taping instructor for many years and is one of the most experienced users and teachers of the treatment method internationally. Birgit Kumbrink has written many articles about K-Taping for the medical press and has appeared on various medical programs on German radio and television. She has developed the fledgling elastic tape therapy from Asia into the K-Taping therapy that has now become established in Germany and other countries throughout Europe. A therapy that over the last 15 years has gained recognition as a meaningful and effective treatment in physiotherapy, medical applications and sports medicine. Birgit Kumbrink is responsible for the inclusion of K-Taping in many aftercare concepts, such as after breast cancer operations. She has also been the driving force behind the development of K-Taping techniques and applications and leads national and international studies in cooperation with clinics and therapist associations.

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