



Washington Scrambles: Best Nontechnical Ascents

By Peggy Goldman

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Scrambles are for people who need to be on a mountain top, but don't need a rope to get there!

- An out-of-print guidebook completely redone and brought back by reader demand
- 80 challenging, but non-technical, ascents in Washington, plus 5 traverses

Alpine scrambling is a form of nontechnical mountaineering that falls somewhere between high altitude hiking and rock climbing. Ropes and other aids typically are not needed. This new, fully revised second edition features 85 routes, including 25 all-new scrambles not in the first edition, as well as a new chapter covering five high-alpine traverses in the North Cascades.

All routes are displayed on maps, many of which indicate alternative routes to the primary way up. Keep stats? Then you'll also appreciate the all-new "scramble statistics" table.

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Washington Scrambles: Best Nontechnical Ascents By Peggy Goldman Bibliography

- Rank: #412016 in Books
- Published on: 2014-03-31
- Released on: 2014-03-31
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x .90" w x 5.50" l, .95 pounds
- Binding: Paperback
- 288 pages



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Editorial Review

About the Author

Peggy Goldman is a Stanford-educated medical doctor who specializes in infectious diseases and has been an emergency medicine physician for more than 30 years. She has been a Mountaineers member since 1990, a scrambling leader since 1994, and has completed the Mountaineers courses in Alpine Scrambling, Basic Climbing, and Ski Mountaineering. She also was the third woman to climb the "Top 100" mountains in Washington State. She lives in Seattle.

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