



Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e

By Gill Solberg

Download now

Read Online ➔

Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e By Gill Solberg

This title is an evidence based book that connects the theoretical and practical aspects of human movement and posture and provides basic information for therapists working with people with postural disorders. Practical material is approached area by area so that therapists can easily access the information they require. The anatomy and kinesiology of the locomotor/musculoskeletal system is covered and common pathologies and postural disorders reviewed.

- Accessible writing style supported by large number of illustrations (line and photograph)
- Connects theoretical and practical aspects of human movement and posture
- Comprehensive
- Links anatomy, kinaesiology and posture
- Evidence-based

 [Download Postural Disorders and Musculoskeletal Dysfunction ...pdf](#)

 [Read Online Postural Disorders and Musculoskeletal Dysfuncti ...pdf](#)

Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e

By Gill Solberg

Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e By Gill Solberg

This title is an evidence based book that connects the theoretical and practical aspects of human movement and posture and provides basic information for therapists working with people with postural disorders. Practical material is approached area by area so that therapists can easily access the information they require. The anatomy and kinesiology of the locomotor/musculoskeletal system is covered and common pathologies and postural disorders reviewed.

- Accessible writing style supported by large number of illustrations (line and photograph)
- Connects theoretical and practical aspects of human movement and posture
- Comprehensive
- Links anatomy, kinaesiology and posture
- Evidence-based

Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e By Gill Solberg Bibliography

- Sales Rank: #2136039 in Books
- Published on: 2007-11-28
- Original language: English
- Number of items: 1
- Dimensions: .54" h x 8.52" w x 10.77" l, 1.69 pounds
- Binding: Paperback
- 304 pages

 [Download Postural Disorders and Musculoskeletal Dysfunction ...pdf](#)

 [Read Online Postural Disorders and Musculoskeletal Dysfuncti ...pdf](#)

Editorial Review

Review

"Dr Solberg has managed to produce an easy to use, comprehensive guide to posture in this book. He has taken each area of the body and shown how it is affected by postural changes, described them in easy to understand terms and given a great range of exercises to help with them. The exercises and poses are both clear and self-explanatory with good use of photos... The step by step approach in the book reflects the process needed to deal with any musculoskeletal problem and I highly recommend it." ***'Health Matters', Swindon 105.5, 2009***

"This is a useful book for therapists working in the field of postural disorder and deformity and would also be an excellent tool for students especially OT and Physiotherapy students. The book would also be a useful read for clinicians working in paediatrics. I found the book to be a really useful read, and the type of book you can pick up and review a chapter at a time. It is laid out in a very easy to read format with some excellent illustrations and photos." ***Posture and Mobility, Vol 26:2, 2009***

"Solberg introduces a very holistic approach to the physical problems described, incorporating psychomotor diagnosis and influences from the schools of Yoga and Pilates. For the recently qualified therapist or professional beginning to work with a young population with movement disorders this would provide a reasonable first text with which to approach such a patient group." ***Physical Therapy Reviews, March 2011***

"This book is intended for anyone who works in the field of human movement such as orthopaedics, physical therapy, occupational therapy, therapeutic sports, hydrotherapy, yoga and Pilates...this book does successfully meet its claim of using the correct amount of technical language thus allowing it to be understood by a diverse range of readers...the book does succeed in raising awareness of the importance of posture and the impact of posture on prevention, diagnosis and treatment and, for this alone it would be a useful read." ***In Touch, Summer 2012***

About the Author

Dr. Gill Solberg is a graduate of the Zinman College at the Wingate Institute, Israel, with a specialization in postural disorders. During his graduate studies he specialized in Clinical Kinesiology and Adapted Physical Activity for populations with special needs. His doctoral thesis was on this subject.

For 12 years Dr. Solberg has been a diagnostician and head therapist at the Holon Therapeutic Sport Center in Israel and was also in charge of hydrotherapy and adapted movement for children with postural disorders.

Since 1994 he is a lecturer at the Seminar Hakibbutzim Teachers College and at the Zinman College of Physical Education and sport sciences at the Wingate Institute. He also conducts inservice courses for rehabilitative movement therapists. Dr. Solberg has published many articles and has presented his work at many professional conventions around the world.

Users Review

From reader reviews:

Linda Pillar:

Hey guys, do you would like to finds a new book to see? May be the book with the concept Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e suitable to you? The book was written by renowned writer in this era. The actual book untitled Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e is a single of several books this everyone read now. This specific book was inspired lots of people in the world. When you read this guide you will enter the new shape that you ever know prior to. The author explained their thought in the simple way, so all of people can easily to know the core of this book. This book will give you a wide range of information about this world now. So that you can see the represented of the world in this particular book.

Linda Henderson:

The reserve with title Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e possesses a lot of information that you can discover it. You can get a lot of profit after read this book. This particular book exist new expertise the information that exist in this guide represented the condition of the world today. That is important to yo7u to understand how the improvement of the world. This book will bring you in new era of the the positive effect. You can read the e-book with your smart phone, so you can read the idea anywhere you want.

Hal Clemens:

Would you one of the book lovers? If yes, do you ever feeling doubt if you are in the book store? Aim to pick one book that you never know the inside because don't assess book by its deal with may doesn't work this is difficult job because you are scared that the inside maybe not because fantastic as in the outside look likes. Maybe you answer can be Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e why because the fantastic cover that make you consider with regards to the content will not disappoint you actually. The inside or content is fantastic as the outside as well as cover. Your reading sixth sense will directly show you to pick up this book.

Damon Smith:

Are you kind of busy person, only have 10 or 15 minute in your day to upgrading your mind expertise or thinking skill also analytical thinking? Then you have problem with the book than can satisfy your short space of time to read it because all of this time you only find e-book that need more time to be study. Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e can be your answer because it can be read by a person who have those short spare time problems.

Download and Read Online Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e By Gill

Solberg #XG4S35IYVT2

Read Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e By Gill Solberg for online ebook

Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e By Gill Solberg Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e By Gill Solberg books to read online.

Online Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e By Gill Solberg ebook PDF download

Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e By Gill Solberg Doc

Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e By Gill Solberg Mobipocket

Postural Disorders and Musculoskeletal Dysfunction: Diagnosis, Prevention and Treatment, 1e By Gill Solberg EPub