



One Year to an Organized Life: From Your Closets to Your Finances, the Week-by-Week Guide to Getting Completely Organized for Good

By Regina Leeds

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Who would you be if you felt at peace and had more time and money? An organized life enables you to have more freedom, less aggravation, better health, and to get more done. For nearly twenty years, Regina Leeds-named Best Organizer by *Los Angeles* magazine-has helped even the messiest turn their lives around. Anyone can get organized-she'll prove it to you! *One Year to an Organized Life* is a unique week-by-week approach that you can begin at any time of year. Regina helps you break down tasks and build routines over time so that life becomes simple, not overwhelming. Master time management Make your kitchen efficient Permanently organize closets and drawers Deal with your finances Reclaim "dumping grounds" like the guest room, garage and basement Declutter the kids' rooms Organize your travel plans-and the vacation photos and souvenirs Entertain with joy Regina reveals her magic formula for organizing anything, plus her method to stop the chronic cycles of clutter, misplaced items, and lateness. Whether you're living in chaos or just looking for new ways to simplify, this essential book will help you get the whole household organized-and stay that way.

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Editorial Review

Review

"Full of useful information for everyone, from the person who needs simply to clean a messy desk to the person requiring a whole new approach to life." ---Library Journal Starred Review

About the Author

Regina Leeds, known as the Zen Organizer, is a professional organizer, New York Times bestselling author, and seminar leader. She is the author of ten books, including *One Year to an Organized Work Life*, *The Complete Idiot's Guide to Decluttering*, and *Rightsize! Right Now!* She lives in Los Angeles.

Regina Leeds is the author of several books, including *The Zen of Organizing*, *One Year to an Organized Work Life*, and *The Complete Idiot's Guide to Decluttering*.

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