



# Cambridge Handbook of Psychology, Health and Medicine

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Health psychology is a rapidly expanding discipline at the interface of psychology and clinical medicine. This new edition is fully reworked and revised, offering an entirely up-to-date, comprehensive, accessible, one-stop resource for clinical psychologists, mental health professionals and specialists in health-related matters. There are two new editors: Susan Ayers from the University of Sussex and Kenneth Wallston from Vanderbilt University Medical Center. The prestigious editorial team and their international, interdisciplinary cast of authors have reconceptualised their much-acclaimed handbook. The book is now in two parts: part I covers psychological aspects of health and illness, assessments, interventions and healthcare practice. Part II covers medical matters listed in alphabetical order. Among the many new topics added are: diet and health, ethnicity and health, clinical interviewing, mood assessment, communicating risk, medical interviewing, diagnostic procedures, organ donation, IVF, MMR, HRT, sleep disorders, skin disorders, depression and anxiety disorders.

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### **Bibliography**

- Sales Rank: #2741759 in Books
- Published on: 2007-09-03
- Original language: English
- Number of items: 1
- Dimensions: 8.62" h x 1.61" w x 10.87" l, 5.94 pounds
- Binding: Paperback
- 970 pages

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'Easy to read; a practical book.' *Journal of Pediatric Endocrinology and Metabolism*

'Health psychology has been an established field of study for some time. The Cambridge Handbook of Psychology, Health and Medicine has been an important tool for its practitioners. The new edition ... appears, on examination, to be more wide-ranging than its predecessor, and likely to be even more useful.' *Journal of Mental Health*

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